

# Deltapoll Survey Results

Prepared by Deltapoll for LCA



Sample size: 771

Fieldwork: 5th to 10th January 2024

	Total	Gender		Age					Generation		
		Male	Female	18 to 24	25 to 34	35 to 54	55 to 64	65+	Millennials	Generation X	Baby Boomers
All London Workers	771	376	394	136	182	318	94	41	356	280	128
	%	%	%	%	%	%	%	%	%	%	%

## QLDN1. As far as you remember, have you ever heard of "Blue Monday"?

Yes	59	64	55	46	58	65	64	49	54	66	60
No	36	33	39	49	40	29	31	49	42	29	35
Don't know	4	3	6	4	2	6	5	2	4	5	5

## QLDN2. Thinking about your own mental health and well-being would you say you...

Worry more about your mental health and well-being in January and February than you do at other times of year	40	36	44	48	49	35	30	37	48	34	33
Worry less about your mental health and well-being in January and February than you do other times of year	14	14	15	23	16	15	2	2	19	15	2
The time of year makes no difference/ it depends	43	47	38	26	32	47	65	56	31	48	62
Don't know	3	3	3	3	3	2	3	5	3	2	3

## QLDN3. If you were to say, would you consider your own mental health and well-being at the present time to be...

Very good	17	19	15	14	17	18	16	24	15	18	17
Quite good	36	37	35	30	36	36	40	41	34	36	41
Neither good nor bad	27	24	30	27	25	29	27	24	26	29	27
Quite bad	16	16	16	21	18	15	14	10	19	15	13
Very bad	4	3	4	7	4	3	3	0	5	2	2
Don't know/prefer not to say	0	0	1	1	0	0	0	0	1	0	0
Good (all)	53	56	50	44	53	54	56	65	49	54	58
Bad (all)	20	19	20	28	22	18	17	10	24	17	15
Net	+33	+37	+30	+16	+31	+36	+39	+55	+25	+37	+43

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Sample size: 771

Fieldwork: 5th to 10th January 2024

	Total	Social Grade		Home Region					
		ABC1	C2DE	London (all)	Rest of South	Midlands	North	Wales	Scotland
<b>All London Workers</b>	<b>771</b>	615	156	506	142	49	58	7	9
	%	%	%	%	%	%	%	%	%
<b>QLDN1. As far as you remember, have you ever heard of "Blue Monday"?</b>									
Yes	<b>59</b>	63	46	55	72	55	66	71	78
No	<b>36</b>	33	48	40	25	39	31	14	22
Don't know	<b>4</b>	4	6	5	3	6	3	14	0
<b>QLDN2. Thinking about your own mental health and well-being would you say you...</b>									
Worry more about your mental health and well-being in January and February than you do at other times of year	<b>40</b>	42	33	41	37	35	48	43	44
Worry less about your mental health and well-being in January and February than you do other times of year	<b>14</b>	13	19	15	11	18	14	14	11
The time of year makes no difference/ it depends	<b>43</b>	43	43	42	50	43	33	43	44
Don't know	<b>3</b>	2	4	3	1	4	5	0	0
<b>QLDN3. If you were to say, would you consider your own mental health and well-being at the present time to be...</b>									
Very good	<b>17</b>	18	15	18	13	14	19	14	11
Quite good	<b>36</b>	37	29	37	37	27	28	43	44
Neither good nor bad	<b>27</b>	27	29	25	32	24	38	29	22
Quite bad	<b>16</b>	16	18	15	17	31	12	14	22
Very bad	<b>4</b>	2	8	5	1	4	2	0	0
Don't know/prefer not to say	<b>0</b>	0	1	0	0	0	2	0	0
Good (all)	<b>53</b>	55	44	55	50	41	47	57	55
Bad (all)	<b>20</b>	18	26	20	18	35	14	14	22
Net	<b>+33</b>	+37	+18	+35	+32	+6	+33	+43	+33

## Deltapoll Survey Results

Prepared by Deltapoll for LCA

Sample size: 771

Fieldwork: 5th to 10th January 2024

	Total	City workers	Heard of Blue Monday?		Mental health and well-being			Days per week in the office		
			Yes	No	Good	Neither good nor bad	Bad	1-2	3-4	5+
<b>All London Workers</b>	<b>771</b>	128	457	280	407	209	152	171	318	267
	%	%	%	%	%	%	%	%	%	%

### QLDN1. As far as you remember, have you ever heard of "Blue Monday"?

Yes	<b>59</b>	65	100	0	62	58	56	65	60	55
No	<b>36</b>	33	0	100	35	37	39	30	36	40
Don't know	<b>4</b>	2	0	0	3	5	5	5	4	5

### QLDN2. Thinking about your own mental health and well-being would you say you...

Worry more about your mental health and well-being in January and February than you do at other times of year	<b>40</b>	48	46	33	30	42	66	37	44	39
Worry less about your mental health and well-being in January and February than you do other times of year	<b>14</b>	12	15	13	16	16	8	8	17	15
The time of year makes no difference/ it depends	<b>43</b>	38	39	49	51	40	24	54	37	42
Don't know	<b>3</b>	2	1	5	3	2	1	1	2	4

### QLDN3. If you were to say, would you consider your own mental health and well-being at the present time to be...

Very good	<b>17</b>	16	17	17	32	0	0	18	14	21
Quite good	<b>36</b>	32	38	34	68	0	0	35	36	36
Neither good nor bad	<b>27</b>	30	26	28	0	100	0	32	29	23
Quite bad	<b>16</b>	16	15	18	0	0	82	13	18	16
Very bad	<b>4</b>	4	4	3	0	0	18	3	3	4
Don't know/prefer not to say	<b>0</b>	1	0	0	0	0	0	0	0	1
Good (all)	<b>53</b>	48	55	51	100	0	0	53	50	57
Bad (all)	<b>20</b>	20	19	21	0	0	100	16	21	20
Net	<b>+33</b>	+28	+36	+30	+100	0	-100	+37	+29	+37

	Total	Gender		Age					Generation		
		Male	Female	18 to 24	25 to 34	35 to 54	55 to 64	65+	Millennials	Generation X	Baby Boomers
All London Workers	771	376	394	136	182	318	94	41	356	280	128
	%	%	%	%	%	%	%	%	%	%	%

**QLDN4. Would you say that your mental health and well-being has improved, deteriorated or remained unchanged post-pandemic?**

Improved	32	31	33	37	48	27	19	10	41	28	17
Deteriorated	30	28	31	37	31	29	23	22	33	29	23
Remained unchanged	36	38	34	23	19	41	57	66	22	41	59
Don't know	2	2	2	4	1	3	0	2	3	2	1

**QLDN5. How much, if at all, do you think your mental health and well-being affects your own productivity at work?**

A lot	37	37	36	38	44	39	22	17	40	40	21
A little	46	45	47	49	47	42	53	37	47	42	49
Not at all	15	16	14	12	8	14	22	44	10	14	27
Don't know	3	2	3	1	1	4	2	2	2	4	2

**QLDN6. How seriously, if at all, do you think your employer/company takes your mental health and well-being?**

Very seriously	20	21	19	16	21	21	18	20	19	21	18
Quite seriously	39	36	41	38	40	39	36	34	40	39	37
Not very seriously	28	29	28	32	30	26	24	39	30	26	27
Not seriously at all	8	9	7	7	5	9	12	7	6	9	11
Don't know/prefer not to say	5	6	5	6	4	5	10	0	5	4	7
Seriously (all)	59	57	60	54	61	60	54	54	59	60	55
Not seriously (all)	36	38	35	39	35	35	36	46	36	35	38
Net	+23	+19	+25	+15	+26	+25	+18	+8	+23	+25	+17

	Total	Social Grade		Home Region					
		ABC1	C2DE	London (all)	Rest of South	Midlands	North	Wales	Scotland
All London Workers	771	615	156	506	142	49	58	7	9
	%	%	%	%	%	%	%	%	%

**QLDN4. Would you say that your mental health and well-being has improved, deteriorated or remained unchanged post-pandemic?**

Improved	32	32	31	34	27	31	28	29	44
Deteriorated	30	31	27	28	30	35	38	43	33
Remained unchanged	36	35	38	35	42	33	31	29	22
Don't know	2	2	4	2	1	2	3	0	0

**QLDN5. How much, if at all, do you think your mental health and well-being affects your own productivity at work?**

A lot	37	37	38	39	30	39	34	29	33
A little	46	46	44	45	46	51	47	57	56
Not at all	15	15	15	14	21	8	17	14	11
Don't know	3	2	4	3	3	2	2	0	0

**QLDN6. How seriously, if at all, do you think your employer/company takes your mental health and well-being?**

Very seriously	20	20	20	22	19	12	19	0	0
Quite seriously	39	41	30	37	35	47	45	71	67
Not very seriously	28	28	29	28	31	29	28	29	22
Not seriously at all	8	7	12	8	10	6	5	0	11
Don't know/prefer not to say	5	4	8	6	5	6	3	0	0
Seriously (all)	59	61	50	59	54	59	64	71	67
Not seriously (all)	36	35	41	36	41	35	33	29	33
Net	+23	+26	+9	+23	+13	+24	+31	+42	+34

	Total	City workers	Heard of Blue Monday?		Mental health and well-being			Days per week in the office		
			Yes	No	Good	Neither good nor bad	Bad	1-2	3-4	5+
All London Workers	771	128	457	280	407	209	152	171	318	267
	%	%	%	%	%	%	%	%	%	%

**QLDN4. Would you say that your mental health and well-being has improved, deteriorated or remained unchanged post-pandemic?**

Improved	32	30	34	31	43	26	12	26	35	32
Deteriorated	30	32	29	30	14	36	64	33	30	29
Remained unchanged	36	35	35	36	41	35	23	40	33	36
Don't know	2	3	2	2	2	3	1	1	2	2

**QLDN5. How much, if at all, do you think your mental health and well-being affects your own productivity at work?**

A lot	37	38	38	34	37	33	44	39	36	37
A little	46	45	47	45	41	55	47	38	51	45
Not at all	15	15	13	18	21	9	7	20	11	16
Don't know	3	3	2	3	2	4	2	3	2	3

**QLDN6. How seriously, if at all, do you think your employer/company takes your mental health and well-being?**

Very seriously	20	20	20	21	27	14	11	19	17	25
Quite seriously	39	38	40	36	42	38	32	42	43	31
Not very seriously	28	30	28	30	21	35	39	27	30	28
Not seriously at all	8	6	9	5	7	6	12	11	5	10
Don't know/prefer not to say	5	5	2	8	3	7	7	2	4	7
Seriously (all)	59	58	60	57	69	52	43	61	60	56
Not seriously (all)	36	36	37	35	28	41	51	38	35	38
Net	+23	+22	+23	+22	+41	+11	-8	+23	+25	+18

Total	Gender		Age					Generation		
	Male	Female	18 to 24	25 to 34	35 to 54	55 to 64	65+	Millennials	Generation X	Baby Boomers
<b>All London Workers</b> 771	376	394	136	182	318	94	41	356	280	128
%	%	%	%	%	%	%	%	%	%	%

**QLDN7. Would you say that mental health is or is not an issue that is 'taboo' where you work (i.e something that is not mentioned in case it harms or reflects badly on someone)?**

Mental health and well-being issue is a taboo subject where I work	<b>25</b>	24	26	34	30	24	16	15	31	24	16
Mental health and well-being issue is not a taboo subject where I work	<b>48</b>	48	48	45	47	46	56	56	47	45	57
It varies	<b>22</b>	23	20	17	19	25	20	24	17	27	21
Don't know	<b>5</b>	5	5	4	4	5	7	5	5	4	6

**QLDN8. As far as you are aware, is there a mental health First Aider where you work/in your company?**

Yes, there is a mental health First Aider	<b>40</b>	42	38	46	44	38	34	34	46	36	35
No, there is not a mental health First Aider	<b>46</b>	46	45	41	43	46	49	61	42	47	51
Don't know	<b>14</b>	12	16	12	13	16	17	5	12	16	14

**QLDN9. Thinking more generally about your work, what, if anything, would encourage you to come into the office more often (rather than work from home)?**

Bonus schemes	<b>47</b>	48	47	46	50	50	40	34	49	50	38
Free/subsidised breakfast/lunch	<b>40</b>	44	38	40	47	39	36	32	44	39	34
Free memberships to clubs (gym etc)	<b>34</b>	32	36	41	46	28	28	15	44	27	25
More planned social activities	<b>33</b>	33	32	44	37	32	15	22	40	30	17
Nothing	<b>15</b>	14	16	6	6	17	30	41	6	19	34
Other	<b>4</b>	3	4	1	4	5	4	0	3	4	3
Don't know	<b>3</b>	3	3	1	3	3	6	0	3	3	5

	Total	Social Grade		Home Region					
		ABC1	C2DE	London (all)	Rest of South	Midlands	North	Wales	Scotland
All London Workers	771	615	156	506	142	49	58	7	9
	%	%	%	%	%	%	%	%	%

**QLDN7. Would you say that mental health is or is not an issue that is 'taboo' where you work (i.e something that is not mentioned in case it harms or reflects badly on someone)?**

Mental health and well-being issue is a taboo subject where I work	25	25	27	25	31	14	29	14	0
Mental health and well-being issue is not a taboo subject where I work	48	49	44	49	41	47	48	57	78
It varies	22	21	22	19	27	35	17	29	22
Don't know	5	5	6	6	1	4	5	0	0

**QLDN8. As far as you are aware, is there a mental health First Aider where you work/in your company?**

Yes, there is a mental health First Aider	40	42	31	39	40	37	47	29	78
No, there is not a mental health First Aider	46	44	54	48	42	53	33	57	11
Don't know	14	14	15	12	18	10	21	14	11

**QLDN9. Thinking more generally about your work, what, if anything, would encourage you to come into the office more often (rather than work from home)?**

Bonus schemes	47	48	44	49	45	43	45	43	56
Free/subsidised breakfast/lunch	40	41	40	39	46	41	38	14	56
Free memberships to clubs (gym etc)	34	36	28	33	37	24	38	14	78
More planned social activities	33	33	33	36	20	33	34	43	33
Nothing	15	15	16	16	14	22	16	0	0
Other	4	3	5	4	3	4	5	14	0
Don't know	3	3	2	4	2	2	2	0	0



	Total	City workers	Heard of Blue Monday?		Mental health and well-being			Days per week in the office		
			Yes	No	Good	Neither good nor bad	Bad	1-2	3-4	5+
All London Workers	771	128	457	280	407	209	152	171	318	267
	%	%	%	%	%	%	%	%	%	%

**QLDN7. Would you say that mental health is or is not an issue that is 'taboo' where you work (i.e something that is not mentioned in case it harms or reflects badly on someone)?**

Mental health and well-being issue is a taboo subject where I work	25	23	27	23	22	23	38	23	28	24
Mental health and well-being issue is not a taboo subject where I work	48	55	48	49	53	48	36	48	44	54
It varies	22	16	21	22	21	23	23	27	23	17
Don't know	5	5	4	6	5	5	4	2	5	5

**QLDN8. As far as you are aware, is there a mental health First Aider where you work/in your company?**

Yes, there is a mental health First Aider	40	49	42	40	44	38	33	39	42	41
No, there is not a mental health First Aider	46	36	45	46	43	45	55	44	46	47
Don't know	14	15	13	14	13	16	12	17	13	12

**QLDN9. Thinking more generally about your work, what, if anything, would encourage you to come into the office more often (rather than work from home)?**

Bonus schemes	47	52	50	44	45	51	48	48	51	45
Free/subsidised breakfast/lunch	40	53	43	39	38	44	41	39	43	40
Free memberships to clubs (gym etc)	34	38	36	32	36	34	30	32	35	35
More planned social activities	33	38	33	31	32	33	35	27	37	31
Nothing	15	12	15	15	15	16	15	21	9	19
Other	4	2	3	4	3	3	5	4	3	3
Don't know	3	2	2	4	2	4	3	2	2	4

	Total	Gender		Age					Generation		
		Male	Female	18 to 24	25 to 34	35 to 54	55 to 64	65+	Millennials	Generation X	Baby Boomers
All London Workers	771	376	394	136	182	318	94	41	356	280	128
	%	%	%	%	%	%	%	%	%	%	%

**QLDN10. Thinking about the area of London in which you work, which of the following are most important to you?**

Reliable public transport to the location	61	61	62	51	52	66	74	71	54	66	74
Safe and secure local area where you are based	57	55	58	50	53	59	64	59	53	58	63
Clean offices	42	41	41	46	39	40	48	39	41	40	46
Good choice of food and drink places	41	45	37	38	49	38	38	41	44	37	38
Plenty of green spaces close to your work	39	39	39	40	37	40	37	46	38	40	41
Other	1	1	2	1	1	2	2	2	1	2	2
Don't know	2	1	3	2	3	2	0	2	3	2	0

**QLDN11. Which, if any, of the following would you say make the area of London in which you work unique?**

Easy to travel to from where I live	54	54	55	45	54	57	56	59	52	56	58
Plenty of food and drink places to visit	37	41	33	38	41	35	34	37	40	34	34
A combination of history and iconic modern buildings	36	39	34	39	40	34	38	27	38	36	34
I fit into the demographic	21	22	21	27	25	20	13	15	27	18	11
Other	2	3	2	4	1	2	3	0	2	2	2
It doesn't matter where I work - it's the job that's important	12	14	11	7	7	15	15	24	8	16	17
Don't know	3	2	4	5	2	2	4	0	3	2	3

**QLDN12. Which, if any, of the following would you like to see more of in the area of London where you work?**

More planters/trees/places to sit	42	40	45	33	44	43	50	39	39	44	48
Unique activities which you can engage with	39	37	42	46	45	37	34	24	45	36	32
More walking or history tours	28	28	28	26	26	33	21	17	28	31	20
Free customised workshops	25	24	25	30	27	25	17	15	29	24	17
Sculptures to enhance the area	21	20	21	29	24	17	15	15	26	16	14
Don't know	13	16	9	7	8	13	21	32	7	14	23

	Total	Social Grade		Home Region					
		ABC1	C2DE	London (all)	Rest of South	Midlands	North	Wales	Scotland
All London Workers	771	615	156	506	142	49	58	7	9
	%	%	%	%	%	%	%	%	%

**QLDN10. Thinking about the area of London in which you work, which of the following are most important to you?**

Reliable public transport to the location	61	63	54	58	69	69	71	43	44
Safe and secure local area where you are based	57	57	54	57	58	59	50	29	56
Clean offices	42	44	32	40	46	41	47	29	56
Good choice of food and drink places	41	43	32	40	42	43	36	43	56
Plenty of green spaces close to your work	39	41	33	40	37	35	47	0	33
Other	1	2	1	2	1	2	0	0	0
Don't know	2	2	4	3	2	0	0	0	0

**QLDN11. Which, if any, of the following would you say make the area of London in which you work unique?**

Easy to travel to from where I live	54	55	49	58	50	45	41	29	67
Plenty of food and drink places to visit	37	38	33	37	35	37	38	57	22
A combination of history and iconic modern buildings	36	39	27	36	35	41	47	14	22
I fit into the demographic	21	22	19	23	16	20	16	0	56
Other	2	2	2	2	3	0	3	0	11
It doesn't matter where I work - it's the job that's important	12	12	14	10	15	14	17	29	11
Don't know	3	2	6	3	1	8	0	0	0

**QLDN12. Which, if any, of the following would you like to see more of in the area of London where you work?**

More planters/trees/places to sit	42	43	40	43	45	27	47	43	33
Unique activities which you can engage with	39	41	34	41	38	39	29	14	44
More walking or history tours	28	29	24	28	27	27	26	29	33
Free customised workshops	25	26	20	26	16	24	33	43	22
Sculptures to enhance the area	21	21	17	21	15	22	28	14	33
Don't know	13	12	14	14	14	14	3	0	0

	Total	City workers	Heard of Blue Monday?		Mental health and well-being			Days per week in the office		
			Yes	No	Good	Neither good nor bad	Bad	1-2	3-4	5+
All London Workers	771	128	457	280	407	209	152	171	318	267
	%	%	%	%	%	%	%	%	%	%

**QLDN10. Thinking about the area of London in which you work, which of the following are most important to you?**

Reliable public transport to the location	61	72	66	55	62	64	58	70	60	60
Safe and secure local area where you are based	57	63	56	57	57	56	54	58	57	55
Clean offices	42	50	42	41	43	42	39	39	45	40
Good choice of food and drink places	41	48	39	44	41	42	38	37	46	39
Plenty of green spaces close to your work	39	36	43	33	38	41	39	44	40	36
Other	1	1	2	1	1	1	2	4	1	1
Don't know	2	2	2	2	1	3	3	4	1	2

**QLDN11. Which, if any, of the following would you say make the area of London in which you work unique?**

Easy to travel to from where I live	54	52	52	57	54	58	49	56	53	56
Plenty of food and drink places to visit	37	35	38	36	40	34	34	31	41	36
A combination of history and iconic modern buildings	36	47	39	34	37	38	34	35	38	36
I fit into the demographic	21	27	23	20	25	16	18	19	23	21
Other	2	2	2	3	2	0	5	2	2	2
It doesn't matter where I work - it's the job that's important	12	16	12	13	12	13	12	16	10	12
Don't know	3	1	3	2	2	3	3	3	1	3

**QLDN12. Which, if any, of the following would you like to see more of in the area of London where you work?**

More planters/trees/places to sit	42	43	44	40	40	42	50	41	45	40
Unique activities which you can engage with	39	46	38	42	38	42	39	35	41	39
More walking or history tours	28	36	29	25	31	26	24	33	29	24
Free customised workshops	25	26	27	22	26	20	28	19	25	29
Sculptures to enhance the area	21	29	21	20	24	15	18	18	21	23
Don't know	13	9	12	13	13	14	9	17	9	14

	Total	Gender		Age					Generation		
		Male	Female	18 to 24	25 to 34	35 to 54	55 to 64	65+	Millennials	Generation X	Baby Boomers
All London Workers	771	376	394	136	182	318	94	41	356	280	128
	%	%	%	%	%	%	%	%	%	%	%

**QLDN13. In a typical working week, how many days do you currently come into the office?**

1 day a week	8	8	8	4	5	11	9	12	4	12	9
2	14	14	14	5	14	16	17	22	10	17	17
3	22	22	23	21	23	22	27	20	22	21	24
4	19	19	19	29	20	18	10	7	24	17	9
5	28	30	27	30	32	25	29	37	30	25	32
6	4	3	4	5	3	4	3	2	3	4	3
7 days a week	3	2	3	4	3	3	2	0	3	2	2
Don't know	2	2	2	1	1	2	4	0	2	2	3
<b>Mean</b>	<b>3.63</b>	3.60	3.61	4.01	3.81	3.51	3.41	3.41	3.75	3.40	3.43

**QSCRN1. Can I just check, which one of the following best describes you?**

I live AND work in London	66	62	69	58	76	66	63	49	69	64	58
I live outside London but travel into London for work	34	38	31	42	24	34	37	51	31	36	42
I live in London but do not work at all/ work outside London	0	0	0	0	0	0	0	0	0	0	0
Other	0	0	0	0	0	0	0	0	0	0	0

	Total	Social Grade		Home Region					
		ABC1	C2DE	London (all)	Rest of South	Midlands	North	Wales	Scotland
All London Workers	771	615	156	506	142	49	58	7	9
	%	%	%	%	%	%	%	%	%

**QLDN13. In a typical working week, how many days do you currently come into the office?**

1 day a week	8	9	4	6	13	10	9	29	11
2	14	16	8	11	20	24	16	14	22
3	22	24	15	21	26	18	31	29	11
4	19	17	26	19	18	18	21	29	33
5	28	27	33	35	15	20	17	0	11
6	4	3	8	3	6	0	5	0	0
7 days a week	3	3	2	3	1	8	0	0	11
Don't know	2	1	4	3	1	0	2	0	0
<b>Mean</b>	<b>3.63</b>	3.55	3.96	3.81	3.21	3.40	3.33	2.60	3.52

**QSCRN1. Can I just check, which one of the following best describes you?**

I live AND work in London	66	64	73	100	0	0	0	0	0
I live outside London but travel into London for work	34	36	27	0	100	100	100	100	100
I live in London but do not work at all/ work outside London	0	0	0	0	0	0	0	0	0
Other	0	0	0	0	0	0	0	0	0

	Total	City workers	Heard of Blue Monday?		Mental health and well-being			Days per week in the office		
			Yes	No	Good	Neither good nor bad	Bad	1-2	3-4	5+
All London Workers	771	128	457	280	407	209	152	171	318	267
	%	%	%	%	%	%	%	%	%	%

**QLDN13. In a typical working week, how many days do you currently come into the office?**

1 day a week	8	9	9	7	7	11	5	36	0	0
2	14	21	15	11	15	14	12	64	0	0
3	22	18	24	21	20	28	22	0	54	0
4	19	21	18	20	19	16	23	0	46	0
5	28	26	26	32	29	23	32	0	0	82
6	4	2	4	3	4	3	1	0	0	10
7 days a week	3	2	3	3	3	2	1	0	0	7
Don't know	2	1	2	2	2	1	2	0	0	0
<b>Mean</b>	<b>3.63</b>	3.45	3.58	3.71	3.63	3.34	3.60	1.64	3.46	5.19

**QSCRN1. Can I just check, which one of the following best describes you?**

I live AND work in London	66	63	61	73	69	60	65	51	63	78
I live outside London but travel into London for work	34	37	39	27	31	40	35	49	37	22
I live in London but do not work at all/ work outside London	0	0	0	0	0	0	0	0	0	0
Other	0	0	0	0	0	0	0	0	0	0